

Lunch Menu

Served Monday-Friday from 12:00 to 17:30

STARTERS & LIGHT BITES...

Homemade Soup of the Day... €4.9

Fresh Irish Brown Soda Bread

Contains: Celery, Egg, Dairy

Seafood Chowder ... €7.5

Pastis, Fresh Irish Brown Soda

(Contains: Gluten, Crustaceans, Fish, Dairy, Celery, Sulphites, Molluscs)

Classic Caesar Salad... €7.5

As Mains €10.0

Garlic Croutons, Crispy Bacon, Homemade Caesar Dressing, Parmesan Shavings

Add Grilled Chicken Breast... €2.50

Contains: Gluten, Dairy, Egg, Mustard, Sulphites, Fish

Organic Goat Cheese Parcel ...€8.50

Crispy Roll Pastry, Marinated Sultanas, Port Reduction, Tossed Salad

Contains: Gluten, Egg, Dairy, Sulphites

Homemade Salmon & Smoked Haddock Terrine ...€8.50

Hard Boiled Egg, Cherry Tomatoes & Capers Salad, Lime & Sriracha Aioli

Contains: Gluten, Egg, Dairy, Crustaceans, Fish, Molluscs

Kennedy Spicy Chicken Wings...€8.50

As Mains €12.50 (Includes Skinny Chips)

Blue Cheese Sauce, Celery

Contains: Celery, Egg, Dairy

Fresh Kilmore Steamed Mussels ... €9.00

As Mains €13.00 (Includes Chunky Chips)

Rich Tomato & Chorizo Sauce, Crisp Sourdough Bread

Contains: Gluten, Crustaceans, Egg, Fish, Dairy, Molluscs

Homemade Duck Springroll ...€9.00

As Mains €13.50 (Includes Chunky Chips)

Bean Sprouts, Vegetable Julianne & Soy Sauce, Garden Salad & Pineapple Salsa

Contains: Gluten, Egg, Dairy, Soy

FISH & SEAFOOD...

Sea Food Gratin... €12.50

Fresh Fish, Seafood, Topped with Creamy Mash Potato
(Contains: Dairy, Crustaceans, Fish, Sulphites, Molluscs)

Fish & Chips ... €12.00

Fresh Fillets of Haddock, Light Tempura Batter, Peas a la Francaise,
Skinny Chips & Homemade Tartare Sauce
Contains: Dairy, Crustaceans, Fish, Sulphites, Molluscs

Pan Fried Atlantic Cod ... €12.00

Herbal Crust, Sundried Tomato & Asparagus Risotto
Contains: Dairy, Crustaceans, Fish, Sulphites, Molluscs

MEATS...

6oz Minute Steak ...€12.50

Cooked Medium to Well, Homemade Skinny Chips, Fried Onions, Button Mushrooms
Sauce of Choice: Béarnaise, Mixed Peppercorn, Roast Garlic Butter
Contains: Gluten, Dairy, Egg, Sulphites

Kennedy's 6ozSteak Sandwich... €12.50

Beef strips, Fried Onions, Sautee Mushrooms, Toasted Ciabatta, Served with Skinny Chips
Sauce of Choice: Béarnaise, Mixed Peppercorn, Roast Garlic Butter
Contains: Gluten, Dairy, Sulphites

6oz Beef Cheese Burger... €9.95

Smoked Applewood Cheese, Crispy Bacon, Salad, House Relish, Skinny Chips
Contains: Gluten, Egg, Mustard

Stuffed Fillet of Pork ...€11.50

Wrapped in Bacon, Mince Pies Stuffing, Port & Sultanas Sauce
Contains: Dairy, Sulphites, Gluten

PASTA & VEGETARIAN

Penne Pasta Arrabbiata ...€11.00

Chili, Garlic & Tomato Sauce, Broad Beans and Fresh Basil
Contains: Dairy, Sulphites, Gluten, Egg, Celery

Vegetarian Burger ...€9.95

Tomato, Lettuce, House Relish & Skinny Fries
Contains: Dairy, Sulphites, Gluten, Egg

SIDES €2.5

Rocket & Parmesan Salad, Sherry Vinegar Dressing
Creamy Mashed Potatoes
Seasonal Vegetables
Skinny Chips
Homemade Chunky Chips
Sweet Potato Fries

DESSERTS

Apple Tart Tatin ...€5.5

Rich Caramel Sauce & Vanilla Ice Cream

Contains: Gluten, Eggs, Dairy, Tree Nuts, Sulphites

Assiette of Chocolate ...€5.5

Marquis, Chocolate Fudge, Seville Orange Cream & Chocolate Crumb

Contains: Gluten, Egg, Dairy, Tree Nuts, Sulphites

Vanilla Cheesecake ...€5.5

Blackberry and Crème Chantilly

Contains: Gluten, Egg, Dairy, Nuts, Sulphites

Mixed Berries Meringue ...€5.5

Freshly Wiped Cream, Fruit Coulis

Contains: Egg, Dairy, Tree Nuts, Sulphites

English Custard Tart ...€5.5

Muscovado Caramel Sauce

Contains: Gluten, Eggs Dairy, Tree Nuts, Sulphites

Selection of Artisan Cheeses ...€9.00

Contains: Gluten, Egg, Dairy, Tree Nuts, Sulphites